

Maple Valley Food Bank HOLIDAY ASSISTANCE



Please donate what you can!



Families in need of assistance should contact the Food Bank:
425-432-8139 www.maplevalleyfoodbank.org

Holiday Food Baskets: Clients will receive a turkey and the trimmings for a Thanksgiving and Christmas meal, to take and prepare in the comfort of their own home.

- **Pre-registration at MVFB&ES is required, during food bank hours**
- At registration, clients will receive an appointment
- Thanksgiving Basket Registration **October 26 - November 19, 2009**
- Thanksgiving Basket Distribution, **Tuesday, November 24, 2009** *by appointment only*
- Christmas Basket Registration **November 16 - December 17, 2009**
- Christmas Basket Distribution, **Tuesday, December 22, 2009** *by appointment only*

Christmas Gift Store: Parents and guardians "shop" for new gifts at our Christmas Store for their children ages newborn to 15 years of age.

- Pre-registration at MVFB&ES is required, during food bank hours, **November 16 - December 17, 2009**
- At registration, you will receive an appointment time and directions to our store
- Gift Distribution is *by appointment only*, **December 20 and December 21, 2009.**