

**Trainers:**

Certified athletic trainers and staff will be on hand during the meet.

**Directions to Mount Tahoma Stadium:**

**Driving South I-5 - Exit 129, S 72<sup>nd</sup> St. / S 84<sup>th</sup> St.**

Take the So. 74<sup>th</sup> Street West ramp.

Turn right onto So. 74<sup>th</sup> Street

Go straight for 1.6 miles.

The Stadium will be on your left hand side.

**Driving North I-5 – Exit 129, S 72<sup>nd</sup> St.**

Turn left off the ramp onto 72<sup>nd</sup> St.

72<sup>nd</sup> St. will become 74<sup>th</sup> St.

Go straight for 1.7 miles

The Stadium will be on your left hand side.

**Parking:**

There is parking located near the stadium, near the school on 74<sup>th</sup> Street, and behind the stadium off of Verde Street. Please review the facility map for specific locations.

**School Bus Parking:**

School busses will park on Verde Street, which is the street directly before the stadium.

**Please leave no items of value in your car, ie. wallets, purses, cameras, radios, etc.**