

# TAHOMA SCHOOL DISTRICT ATHLETIC CLEARANCE INFORMATION

The following information is provided to explain to both students and parents the requirements for participation in athletics.

**Each of these items must be completed before the athlete is allowed to begin practice.**

Forms should be turned in to the Athletic Coordinator, in the main office of the school the student attends, who will clear you for competition.

**Athletic  
Participation  
Card**

**This form must be completed in its entirety.**

Any student who might be wrestling should be sure the examiner fills out the minimum weight section.

**Co-Curricular  
Activity  
Code**

The athlete's signature on the participation card is essentially a contract whereby he/she agrees to abide by the rules and regulations set forth in the Co-Curricular Activity Code. A copy of the code follows this section.

**Insurance  
Program**

All student athletes must be covered by accident insurance. They may be covered by a family plan or by the plan offered through the school district. School insurance forms may be picked up at the school office.

**ASB Card**

All students participating in athletics must be holders of an ASB Card. The Associated Student Body provides financial support for all athletic activities. High School students who are holders of the ASB Card receive free admission to all regular season home athletic events, and reduced admission prices for dances and away activities.

**Physical**

Washington Interscholastic Activities Association (WIAA) requires that prior to the first participation in athletics a student shall undergo a medical examination and be approved for athletic competition by a medical authority licensed to perform a physical examination. WIAA regulations state that those licensed to perform physical examinations include: **M.D. Medical Doctor, D.O. Doctor of Osteopathy, C.R.N. Certified Nurse Practitioner, P.A. Medics-Physician Assistant.**

**Tahoma School District policy requires that:**

- A current physical examination is completed prior to participation at the middle school level (grades 7-8) and must be dated after June 15<sup>th</sup> of the 6<sup>th</sup> grade year.
- A current physical examination is completed prior to participation at the senior high level (grades 9-12) and must be dated after June 15<sup>th</sup> of the 8<sup>th</sup> grade year.
- Physicals are valid for 24 months from the date of the examination.
- Physical expiration dates must extend beyond the respective WIAA season ending date.
- Expiration dates occurring within a sport season shall require a new examination prior to that season.

The following checklist is provided for students to assist them in meeting the requirements to participate on any athletic team:

1. Have on file in the Athletic Coordinator's office evidence of the following:
  - \_\_\_\_\_ a. **Signed Athletic Participation Card**  
Signatures indicate informed consent of the possibility of endangerment, and authorization for the Tahoma School District's Coaching Staff to obtain medical treatment in the event of an emergency.
  - \_\_\_\_\_ b. **Medical Evaluation Report**  
Signature by a medical authority provides clearance for athletic participation.
  - \_\_\_\_\_ c. **ASB Card**
  - \_\_\_\_\_ d. **Insurance**  
The name of the insurance carrier must be listed on the Athletic Participation Card or a completed insurance application form must accompany the Athletic Participation Card at the time of clearance.
  - \_\_\_\_\_ e. **Signed Athletic Clearance Information Sheet**  
Signatures indicate parental and student acknowledgement of the Co-Curricular Activity Code guidelines. This sheet must be signed below, **detached from this booklet**, and returned with the above items to the Athletic Coordinator at the time of athletic clearance.
2. Maintain all academic and attendance eligibility requirements.
3. Accept the responsibility for all school equipment issued. It is understood that school equipment can be used or worn only while participating on the team. The cost of replacement of missing equipment will be charged the student to whom it was issued. Outstanding fines must be cleared before participation in any co-curricular activity.
4. Realize the decisions relating to capacities or abilities of athletes, assignments to positions, and attitudes and actions which directly affect team morale and performance are made by the coach in charge.
5. Student resides with parent(s) or **legal** guardian in this school district service area or has met WIAA residential requirements.

I have read the Co-Curricular Activity Code contained in this booklet and understand and agree to abide by its contents. **I also understand that forging a signature in any part of the clearance process may result in automatic suspension for the season.**

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

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